



FEET ON THE GROUND HEAD IN THE CLOUDS

In English!

Una storia di amicizia tra una piccola pianta dalle lunghe foglie e Alma, un personaggio sbarazzino e sognante.

Un percorso (di crescita) scortato da un uccellino, Cicerino, che condurrà le due protagoniste verso la scoperta di tutte le ricchezze della natura, compreso l'animo umano.



MENZIONE SPECIALE AL PREMIO OTELLO SARZI 2017

DESCRIPTION

The Project

The main idea of this project is to give a “musical voice” to each of the Nature’s four elements that constitute the framework of the show: air, water, fire, earth. In a journey through imagination, the sounds will allow the public to experience a primordial knowledge of each of these elements, progressively switching from simple musical images toward proper characterisations (the air’s element generating the Fog and the Wind, the water’s element generating the Rain and the Puddles, the fire’s element creating the Sparks, and so on). All these characterisations are fully expressed by the music itself and by a proper theatrical *mise en scène*.

In general terms, the music and the show are able to speak about the deepest and ancestral connection between man and Nature, something particularly difficult to experience nowadays because of our frantic lifestyle.

The story

The story that we have conceived speaks about Alma, a funny and dreamy character between adulthood and childhood, and her friend Gaia, a quite cute plant with long leaves. Together they will embark on a journey that will explore the Nature’s four elements, its character’s personification and, in the end, the human soul itself.

Thanks to Cicerino, the tricky little bird who will guide the two friends through their experiences, Alma and Gaia will be able to discover, and therefore to reveal to the audience, Nature’s deepest treasures.

The element’s cycle, as well as the seasons one, will reveal themselves as being part of a unique wonderful circle of life, with its own cycles of deaths and rebirths.

At last, Alma will have to face the big challenge of separating herself from Gaia to find her own roots. She will start a courageous journey on her own with the aim of finding fellow human beings.

The workshop (extra module)

At the end of the show the actress, still dressed as Alma, will engage children by asking them explanations of simple real life’s objects that she (coming from an imaginary world!) has never seen before.

On the other hand, Alma will introduce to the children all the natural elements present in her show and through simple games she will let them easily understand the value of these elements in their own lives. With all this knowledge acquired, children will be able to become a proper orchestra and magically play back the sounds of the show.

NOTES: During the workshop, the “orchestra’s game” objective is to allow children to experience their human body as a unique musical instrument by using: the voice, the breath and the body percussion.

Note please also that the staging present elements of *nouveau cirque* that will give a romantic and poetic touch to the overall show.



Language

Mood theatre with elements of nouveau cirque.

Credits:

Written and directed by Fiona Dovo

Actress: Aimee Hislop/Giulia Sarah Gibbon

Original sounds: Irene Pacini

Stage design by Laboratorio Fulmicotone

Coreografy by Fiorella Colombo

Product by Teatro delle Formiche

Running time: 50 min

Recommended for children ages 6-11

Script and musics protected by copyright (siae)

Trailer: <https://www.youtube.com/watch?v=kcUVzJX29g4>

Full video: <https://www.youtube.com/watch?v=Pelu4K1nJyk>

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